

KIF Track and Field 2010

Day	Date	Matchup	Site	Time
Fri.	3/5/2010	Qualifying Meet # 1	Vidinha Stadium	4:30 PM
Fri.	3/12/2010	Mayors Invitational	Vidinha Stadium	4:30 PM
Fri.	3/19/2010	Qualifying Meet #2	Vidinha Stadium	4:30 PM
Thurs.	3/25/2010	Qualifying Meet #3	Vidinha Stadium	4:30 PM
Thurs.	4/1/2010	Qualifying Meet # 4	Vidinha Stadium	4:30 PM
Fri.	4/9/2010	Qualifying Meet # 5	Vidinha Stadium	4:30 PM
Fri.	4/16/2010	Rotary Meet	Vidinha Stadium	4:30 PM
Fri.	4/23/2010	Qualifying Meet # 6	Vidinha Stadium	4:30 PM
Thurs.	4/29/2010	KIF Championship (Trials)	Vidinha Stadium	4:30 PM
Fri.	4/30/2010	KIF Championship (Finals)	Vidinha Stadium	4:30 PM
Fri.	5/14/2010	HHSAA State Track (Trials)		TBA
Sat.	5/15/2010	HHSAA State Track (Finals)		TBA

Stadium Workout

Mon.	Waimea
Tues.	Kapaa/Kula
Wed.	Kauai/Island
Thurs.	Open