

ILH Varsity Championships - 5/6/2009 to 5/8/2009
Kamehameha Schools - Kapalama Campus

Results

Event 1 Boys Discus Throw

Meet Record: 196-11 * 2002 Brandon Ala
 143-09 AUTO
 134-10 CONS

Name	Yr	School	Finals
Finals			
1 Chase Weber	SR	Iolani Boys	159-07.00 AUTO
2 Kaiwi Crabb	JR	Punahou	145-11.00 AUTO
3 Nick Andres	JR	St Louis	143-08.00 CONS
4 Paulay Asiata	SO	Word of Life	143-07.00 CONS
5 Richard Landford	SO	Word of Life	142-04.00 CONS
6 Shayne Wills	JR	Kamehameha	138-03.00 CONS
7 Cameron Baron	JR	Kamehameha	136-11.00 CONS
8 Kody Lilo	JR	Damien Memorial	136-03.00 CONS
9 Tonga Takai	JR	Damien Memorial	132-09.00
10 Jimmy Field	SR	Punahou	129-03.00
11 Landon Aano	JR	Kamehameha	127-09.00
12 Kaena Moose	JR	Iolani Boys	119-11.00
13 Lake Kaai	SO	Kamehameha	118-04.00
14 Kolu Buck	JR	Punahou	118-00.00
15 John Medeiros	JR	Damien Memorial	111-10.00
16 Sani Fuimaono		Punahou	104-02.00
--- Nestor Agbayani	JR	Iolani Boys	FOUL
--- Isaac Ulukita	SR	Damien Memorial	FOUL
--- Michael Thomas	JR	Iolani Boys	FOUL

Event 2 Girls Discus Throw

Meet Record: 137-04 * 2006 Careena Onosai
 112-05 AUTO
 99-07 CONS

Name	Yr	School	Finals
Finals			
1 Kasandra Vegas	SR	Kamehameha	126-04.00 AUTO
2 Heaven-Lee Tanuvasa	SO	Sacred Hearts Ac	116-06.00 AUTO
3 Taisha Santiago	JR	Kamehameha	116-00.00 AUTO
4 Kainoa Ocasek	SO	Word of Life	115-10.00 AUTO
5 Olivia Fatongia	SR	Iolani Girls	111-00.00 CONS
6 Leilani Doktor	JR	Punahou Girls	101-08.00 CONS
7 Kuhina Luis	SR	Sacred Hearts Ac	100-08.00 CONS
8 Kaimilani Zablan	SO	Kamehameha	99-08.00 CONS
9 Alyssa Kano	JR	Iolani Girls	97-07.00
10 Kapuaonaona Roback	JR	Kamehameha	95-10.00
11 Phoibe Fetu	JR	Word of Life	94-06.00
12 Julianne Hall	SR	Punahou Girls	92-06.00
13 Lauren Combs	SR	Punahou Girls	88-09.00
14 Lindsey McGinn	SR	Iolani Girls	86-00.00
15 Rebecca Kagami	SR	Iolani Girls	84-04.00
16 Christine Lee	SR	Punahou Girls	81-01.00
17 Jeanessa Slaughter	JR	Sacred Hearts Ac	75-07.00
18 Zoe Ambard	JR	Mid-Pac	64-00.00
--- Paea Naulu	SR	Word of Life	FOUL

Event 3 Girls Shot Put

Meet Record: 43-00 * 2002 Natalie Fujimoto
 33-09.25 AUTO
 31-07.50 CONS

Name	Yr	School	Finals
Finals			
1 Kuhina Luis	SR	Sacred Hearts Ac	36-10.50 AUTO
2 Kaimilani Zablan	SO	Kamehameha	36-08.50 AUTO
3 Paige Okamura	SR	Punahou Girls	35-06.00 AUTO
4 Kasandra Vegas	SR	Kamehameha	35-02.00 AUTO
5 Haily-Ann Maeda	SO	Punahou Girls	34-06.75 AUTO
6 Heaven-Lee Tanuvasa	SO	Sacred Hearts Ac	33-08.00 CONS
7 Elaine Naulu	JR	Word of Life	33-04.00 CONS
8 Taisha Santiago	JR	Kamehameha	31-10.00 CONS
9 Olivia Fatongia	SR	Iolani Girls	30-11.00
10 Anissa Haina	JR	Iolani Girls	30-05.00
11 Alyssa Kano	JR	Iolani Girls	29-06.00
12 Kalena McElroy	SR	Kamehameha	27-10.00
13 Leilani Doktor	JR	Punahou Girls	26-09.00
14 Brittany Barnes	JR	Iolani Girls	26-08.00
15 Christine Lee	SR	Punahou Girls	25-05.00
16 Zoe Ambard	JR	Mid-Pac	24-07.50
17 Jeanessa Slaughter	JR	Sacred Hearts Ac	20-05.00

Event 4 Boys Shot Put

Meet Record: 59-07.50 * 1997 Kaione Crabb
 48-01.00 AUTO
 44-08.50 CONS

Name	Yr	School	Finals
Finals			
1 Chase Weber	SR	Iolani Boys	49-09.25 AUTO
2 Richard Landford	SO	Word of Life	48-05.00 AUTO
3 Lake Kaai	SO	Kamehameha	47-04.00 CONS
4 Paulay Asiata	SO	Word of Life	44-10.50 CONS
5 Kaiwi Crabb	JR	Punahou	44-08.00
6 Tonga Takai	JR	Damien Memorial	44-06.00
7 Jimmy Field	SR	Punahou	44-04.00
8 Nick Andres	JR	St Louis	42-06.25
9 Cameron Baron	JR	Kamehameha	41-06.00
10 Kody Lilo	JR	Damien Memorial	41-00.00
11 Landon Aano	JR	Kamehameha	40-08.00
12 Beau Yap	JR	Kamehameha	40-02.00
13 Kaena Moose	JR	Iolani Boys	40-01.00
15 Sani Fuimaono		Punahou	39-11.50
16 Isaac Ulukita	SR	Damien Memorial	39-01.00
17 Michael Thomas	JR	Iolani Boys	38-01.00
18 Peiho Tautuiaki	JR	Damien Memorial	37-11.50

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Event 5 Boys Long Jump

Meet Record: 23-06.75 * 2009 Trevor Mau

20-10.25 AUTO

20-06.25 CONS

Name	Yr	School	Finals
Finals			
1 Trevor Mau	SR	St Louis	23-10.25* AUTO
2 Matt Schull	SR	Punahou	21-08.00 AUTO
3 Matt Yim	JR	Punahou	21-06.00 AUTO
4 Wave Ryder	JR	Kamehameha	21-06.00 AUTO
5 Kevin Doo	SR	Kamehameha	20-08.00 CONS
6 Maika Mataele	SR	Kamehameha	20-01.75
7 Keanu Haina	SO	Kamehameha	19-07.50
8 Jim Tomaszek	SR	St Louis	19-05.75
9 Bobby Izuta	SR	Punahou	18-07.50
10 Ryan Garo	SR	Word of Life	17-04.50
11 Calixto Lucas	JR	Iolani Boys	15-07.50
12 Steven Jensen	JR	Mid-Pac	14-01.75
--- Tim Kamana	FR	Punahou	FOUL
--- Cole Soma	JR	St Louis	FOUL

Event 6 Girls Long Jump

Meet Record: 18-05.25 * 1997 Erin Stovall

15-11.75 AUTO

15-03.50 CONS

Name	Yr	School	Finals
Finals			
1 Joy Piotrowski	SR	Punahou Girls	16-11.25 AUTO
2 Whitney Thomas	JR	Kamehameha	16-11.00 AUTO
3 Shawna Kinilau	JR	Kamehameha	16-04.00 AUTO
4 Alyssa Pang	JR	Iolani Girls	16-03.00 AUTO
5 Michaela Tsuha	FR	Punahou Girls	15-09.50 CONS
6 Charmaine Wan	JR	Iolani Girls	15-08.25 CONS
7 Faith Zerba	JR	Word of Life	15-07.50 CONS
8 Megan Yee	SR	Punahou Girls	15-04.75 CONS
9 Raelce Fogg	JR	Mid-Pac	14-07.00
10 Melody Yim	JR	Punahou Girls	14-04.50
11 Courtney-Cree Aponte	SO	P5	14-02.00
12 Malia Ma	SO	Iolani Girls	14-01.75
13 Christine DeMello	JR	Kamehameha	14-00.00
13 Macy Mitrovich	SR	Sacred Hearts Ac	14-00.00
15 Kim Roy	SO	Iolani Girls	13-05.00
16 Alexis Villa	FR	Word of Life	13-04.00
17 Racquel Santos	JR	Sacred Hearts Ac	13-02.00
--- Kelli Aken-Pagdilao	JR	Kamehameha	FOUL

Event 7 Boys Triple Jump

Meet Record: 47-01.50 * 5/2009 Trevor Mau

42-02.25 AUTO

40-10.50 CONS

Name	Yr	School	Finals
Finals			
1 Trevor Mau	SR	St Louis	47-01.50* AUTO
2 Jim Tomaszek	SR	St Louis	42-11.00 AUTO
3 Kurtlin Robinson	SR	Word of Life	42-08.50 AUTO

4 Shaw Richardson	SR	Punahou	42-06.50 AUTO
5 Joey Bryant	SR	St Louis	41-09.50 CONS
6 Micah Pescaia	SO	Kamehameha	41-09.00 CONS
7 Keanu Haina	SO	Kamehameha	41-05.25 CONS
8 Ethan Chan	JR	Punahou	40-02.75
9 Maika Mataele	SR	Kamehameha	39-09.50
10 Brock Ruelke	SO	Kamehameha	37-03.75
11 Nick Ryan	SO	Punahou	36-11.00
12 Steven Jensen	JR	Mid-Pac	29-07.50
--- Bobby Izuta	SR	Punahou	FOUL

Event 8 Girls Triple Jump

Meet Record: 39-08.50 * 2007 Samantha Cabreros

33-08.00 AUTO

32-00.00 CONS

Name	Yr	School	Finals
Finals			
1 Joy Piotrowski	SR	Punahou Girls	37-01.50 AUTO
2 Christine Tsai	FR	Punahou Girls	34-09.00 AUTO
3 Kim Roy	SO	Iolani Girls	34-00.00 AUTO
4 Nicole Tanoue	SO	Iolani Girls	33-01.25 CONS
5 Charmaine Wan	JR	Iolani Girls	33-01.25 CONS
6 Shawna Kinilau	JR	Kamehameha	32-09.75 CONS
7 Megan Yee	SR	Punahou Girls	32-04.50 CONS
8 Kacie Won	FR	Punahou Girls	32-03.25 CONS
9 Malia Ma	SO	Iolani Girls	32-00.00 CONS
10 Alexis Villa	FR	Word of Life	31-00.75
11 Amy Bumatai	SR	Kamehameha	30-10.50
12 Christine DeMello	JR	Kamehameha	30-08.25

Event 9 Girls High Jump

Meet Record: 5-06.50 * 1977 Tyler Dacey

4-10.00 AUTO

4-08.00 CONS

Name	Yr	School	Finals
Finals			
1 Hailey Kauhane	SR	Kamehameha	5-02.00 AUTO
2 Leimaile Barrett	SO	Kamehameha	5-02.00 AUTO
3 Christine Tsai	FR	Punahou Girls	4-10.00 AUTO
4 Siena Simmons	FR	Iolani Girls	4-08.00 CONS
5 Boone Saunders	SO	Punahou Girls	4-06.00
6 Jenny Ching	SO	Punahou Girls	4-06.00
6 Cassidy Metter	SR	Punahou Girls	4-06.00
6 Alexis Villa	FR	Word of Life	4-06.00
9 Alyssa Pang	JR	Iolani Girls	4-06.00

Event 10 Boys High Jump

Meet Record: 6-07.25 * 1999 Khris Cuaresma-Primm

6-00.00 AUTO

5-10.00 CONS

Name	Yr	School	Finals
Finals			
1 Joey Bryant	SR	St Louis	6-06.00 AUTO
2 Taylor Spencer	SR	St Louis	6-04.00 AUTO
3 Matt Schull	SR	Punahou	6-04.00 AUTO
4 Matt Yamane	SR	Punahou	6-02.00 AUTO

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Finals ... (Event 10 Boys High Jump)

Name	Yr	School	Finals
5 Gavin Yorimoto	SR	Iolani Boys	6-00.00 AUTO
6 Breysen Lee	JR	Damien Memorial	5-10.00 CONS
7 Nicholas Sexton	SR	Punahou	J5-10.00 CONS
8 Cole Soma	JR	St Louis	5-08.00
9 Brock Ruelke	SO	Kamehameha	5-06.00
--- Cliff Son	SR	Punahou	NH

Event 11 Girls Pole Vault

Meet Record: 10-06 * 2006 Anna Hildebrand
9-00.00 AUTO
8-00.00 CONS

Name	Yr	School	Finals
1 Regan Balmoja	JR	Punahou Girls	10-00.00 AUTO
2 Lexi Rooks	SO	Punahou Girls	9-00.00 AUTO
3 Traci Nakamura	SR	Kamehameha	8-06.00 CONS
4 Amy Bumatai	SR	Kamehameha	8-00.00 CONS
--- Brianna Bissen	SR	Kamehameha	NH
--- Hannah Wong	SO	Punahou Girls	NH
--- Bianca Pierce	JR	Mid-Pac	NH
--- Emily Shiraki	SR	Iolani Girls	NH

Event 12 Boys Pole Vault

Meet Record: 15-02.50 * 1975 Kawika Dowsett
12-06.00 AUTO
12-00.00 CONS

Name	Yr	School	Finals
1 Thomas Loui	JR	Punahou	13-03.00 AUTO
2 Aston Reid Carbonel	JR	Kamehameha	13-00.00 AUTO
3 Troy Conant	JR	Iolani Boys	J13-00.00 AUTO
4 Mathew Brady	SR	Iolani Boys	12-06.00 AUTO
5 Keolapauole Bradley	SO	Kamehameha	12-00.00 CONS
6 Steven Villegas	JR	Kamehameha	J12-00.00 CONS
7 Will Lee	SR	Punahou	11-00.00
--- Grant Kaiama	JR	Kamehameha	NH
--- Trenton Dos Santos-Tam	FR	Punahou	NH

Event 13 Girls 100 Meter Hurdles

Meet Record: 15.18 * 1999 Sara Yap
17.14 AUTO
18.04 CONS

Name	Yr	School	Prelims
1 Jenna Louie	JR	Punahou Girls	17.12QAUTO
2 Samantha Smithson	JR	P5	17.47QCONS
3 Cyan Agena	SO	Kamehameha	17.66QCONS
4 Cayla Crivello	SO	Kamehameha	17.67QCONS
5 Krysten Kawamata	SR	St. Francis	17.77QCONS
6 Boone Saunders	SO	Punahou Girls	17.78QCONS
7 Maaya Hayashi	SO	Iolani Girls	17.98q CONS
8 Caitlin Akiona	JR	Kamehameha	J17.98q CONS
9 Erin Nakashima	SR	Iolani Girls	18.71
10 Chablis Sitch	JR	Kamehameha	18.88

11 Emily Latimer	JR	P5	18.90
12 Miranda Linsky	JR	Iolani Girls	19.21
13 Kirsten McMurdo	FR	P5	19.64
14 Carolyn Li	SR	Iolani Girls	19.72

Event 13 Girls 100 Meter Hurdles

Meet Record: 15.18 * 1999 Sara Yap
17.14 AUTO
18.04 CONS

Name	Yr	School	Finals
1 Samantha Smithson	JR	P5	16.75 AUTO
2 Jenna Louie	JR	Punahou Girls	16.78 AUTO
3 Cyan Agena	SO	Kamehameha	17.27 CONS
4 Boone Saunders	SO	Punahou Girls	17.41 CONS
5 Cayla Crivello	SO	Kamehameha	J17.41 CONS
6 Maaya Hayashi	SO	Iolani Girls	17.45 CONS
7 Caitlin Akiona	JR	Kamehameha	17.98 CONS
--- Krysten Kawamata	SR	St. Francis	DNF

Event 14 Boys 110 Meter Hurdles

Meet Record: 14.3h * 1986 David Maeva
Tied Record: 14.3h # 1982 David Aguiar (Dias)
16.04 AUTO
16.44 CONS

Name	Yr	School	Prelims
1 Erik Horn	SR	Punahou	15.98QAUTO
2 Daniel Wagner	SO	Mid-Pac	16.26QCONS
3 Jacob Texeira	SR	Kamehameha	16.37QCONS
4 Matt Yim	JR	Punahou	16.42QCONS
5 Mikel Morita	JR	Kamehameha	16.58Q
6 John Woo	SO	Punahou	16.62Q
7 Kyle Normand	SO	Damien Memorial	17.05q
8 Matthew Mitravich	JR	Kamehameha	17.51q
9 Justin Kim	SO	Iolani Boys	17.53
10 Jonathan Wong	SR	Iolani Boys	17.93
11 Kyle Olden	JR	Punahou	18.01
12 Ricky Suyat-Okamoto	SR	Kamehameha	18.34
13 Eric Hudson	SO	P5	20.86

Event 14 Boys 110 Meter Hurdles

Meet Record: 14.3h * 1986 David Maeva
Tied Record: 14.3h # 1982 David Aguiar (Dias)
16.04 AUTO
16.44 CONS

Name	Yr	School	Finals
1 Daniel Wagner	SO	Mid-Pac	15.60 AUTO
2 Jacob Texeira	SR	Kamehameha	15.76 AUTO
3 Kyle Normand	SO	Damien Memorial	15.78 AUTO
4 John Woo	SO	Punahou	15.85 AUTO
5 Erik Horn	SR	Punahou	16.12 CONS
6 Mikel Morita	JR	Kamehameha	16.25 CONS
7 Matt Yim	JR	Punahou	16.29 CONS
8 Matthew Mitravich	JR	Kamehameha	16.31 CONS

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Event 15 Girls 100 Meter Dash

Meet Record: 12.20 * 2002 Lauran Dignam
 12.94 AUTO
 13.24 CONS

Name	Yr	School	Prelims
Preliminaries			
1 Ashley Satterwhite	JR	Punahou Girls	13.02QCONS
2 Hailey Kauhane	SR	Kamehameha	13.14QCONS
3 Kirstie Sugimoto	SO	Mid-Pac	13.36Q
4 Lahaina Zoller	SO	Punahou Girls	13.50Q
5 Whitney Thomas	JR	Kamehameha	13.37q
6 Stephanie Burns	SR	Punahou Girls	13.40q
7 Kelli Aken-Pagdilao	JR	Kamehameha	13.43q
7 Alyssa Pang	JR	Iolani Girls	13.43q
9 Siena Simmons	FR	Iolani Girls	13.54
10 Shawna Kinilau	JR	Kamehameha	13.64
11 Sari Kwan	FR	Punahou Girls	13.68
12 Alexis Damo	FR	Sacred Hearts Ac	13.88
12 Angelica Traya	JR	Christian Acad	13.88
14 Kelsey Matsuoka	SO	Iolani Girls	13.91
15 Paige Young	SO	Mid-Pac	14.24
16 Courtney-Cree Aponte	SO	P5	14.25
17 Nicole Huffman	FR	Mid-Pac	14.30
18 Stefany Baker	JR	P5	14.34
19 Nicole Tamanaha	FR	P5	14.43
20 Mariah Ariola	JR	Iolani Girls	14.48
21 Jessica Garcia	FR	P5	14.53
22 Ashley Yamachicka	SO	Mid-Pac	14.54
23 Rayna Munos	SO	Sacred Hearts Ac	14.58
24 Racquiel Santos	JR	Sacred Hearts Ac	14.73
25 Naomi Arpon	SR	Sacred Hearts Ac	15.25
26 Megan Winters	JR	Christian Acad	15.52

Event 15 Girls 100 Meter Dash

Meet Record: 12.20 * 2002 Lauran Dignam
 12.94 AUTO
 13.24 CONS

Name	Yr	School	Finals
Finals			
1 Ashley Satterwhite	JR	Punahou Girls	12.53 AUTO
2 Hailey Kauhane	SR	Kamehameha	12.89 AUTO
3 Whitney Thomas	JR	Kamehameha	13.17 CONS
4 Kelli Aken-Pagdilao	JR	Kamehameha	13.19 CONS
5 Alyssa Pang	JR	Iolani Girls	13.24 CONS
6 Stephanie Burns	SR	Punahou Girls	13.26
7 Lahaina Zoller	SO	Punahou Girls	13.27
8 Kirstie Sugimoto	SO	Mid-Pac	13.29

Event 16 Boys 100 Meter Dash

Meet Record: 10.6h * 1991 Jumanne Washington
 11.24 AUTO
 11.44 CONS

Name	Yr	School	Prelims
Preliminaries			
1 Jonathan Padron	JR	Damien Memorial	11.09QAUTO

2 Trevor Mau	SR	St Louis	11.34QCONS
3 Michael Zane	SO	Punahou	11.43QCONS
4 Matt Schull	SR	Punahou	11.62Q
5 Kennedy Spencer	SO	Mid-Pac	11.98Q
7 Drake Martin	JR	Kamehameha	11.99Q
8 Brenan Furtado	JR	Damien Memorial	11.78q
9 Wave Ryder	JR	Kamehameha	11.82
9 Calvin Lum	SR	St Louis	J11.98Q
10 Pathen Asuncion	JR	Damien Memorial	11.94
11 Ryan Ho	JR	Kamehameha	12.02
12 Cole Soma	JR	St Louis	12.11
12 Tim Kamana	FR	Punahou	12.11
14 Keanu Haina	SO	Kamehameha	12.20
15 Matthew Valdes-Healy	JR	St Louis	12.41
16 Zachary Fu	JR	Christian Acad	12.67
17 Kelsey Morihara		Mid-Pac	12.80
18 Lucas Healy	FR	P5	12.92
19 Jordan Nip	JR	Mid-Pac	13.13
20 Andrew Ouchi	SR	P5	13.78
21 Steven Jensen	JR	Mid-Pac	14.37
22 Josh Asuncion	SR	Damien Memorial	15.20

Event 16 Boys 100 Meter Dash

Meet Record: 10.6h * 1991 Jumanne Washington
 11.24 AUTO
 11.44 CONS

Name	Yr	School	Finals
Finals			
1 Jonathan Padron	JR	Damien Memorial	11.00 AUTO
2 Michael Zane	SO	Punahou	11.37 CONS
3 Trevor Mau	SR	St Louis	11.54
4 Matt Schull	SR	Punahou	11.54
5 Pathen Asuncion	JR	Damien Memorial	11.82
6 Wave Ryder	JR	Kamehameha	11.84
7 Calvin Lum	SR	St Louis	11.90
8 Drake Martin	JR	Kamehameha	12.05

Event 17 Girls 1500 Meter Run

Meet Record: 4:35.06 * 1999 Victoria Chang
 5:13.24 AUTO
 5:29.44 CONS

Name	Yr	School	Prelims
Preliminaries			
1 Farrah Madanay	SR	Punahou Girls	5:04.71QAUTO
2 Jenna Wong	JR	Iolani Girls	5:13.14QAUTO
3 Kyleigh Mann	FR	Punahou Girls	5:05.03QAUTO
4 Haley Abing	SR	P5	5:20.89QCONS
5 Claire Hann	JR	P5	5:05.21QAUTO
6 Monica Woolley	FR	Punahou Girls	5:25.53QCONS
7 Chaylene Guinto	SO	St. Francis	5:12.77q AUTO
8 Keri Ogoshi	SO	P5	5:24.00q CONS
9 Kacie Won	FR	Punahou Girls	5:28.09 CONS
10 Kimiko	FR	P5	5:29.28 CONS
11 Kelly Opedal	SR	Kamehameha	5:37.19
12 Denise Nakamura	SR	St. Francis	5:59.19
13 Amanda Ishikawa	FR	Mid-Pac	6:01.15

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Preliminaries ... (Event 17 Girls 1500 Meter Run)

Name	Yr	School	Prelims
14 Kelsey Lopez	JR	Sacred Hearts Ac	6:14.82

Event 17 Girls 1500 Meter Run

Meet Record: 4:35.06 * 1999 Victoria Chang

5:13.24 AUTO
5:29.44 CONS

Name	Yr	School	Finals
Finals			
1 Kyleigh Mann	FR	Punahou Girls	5:02.27 AUTO
2 Jenna Wong	JR	Iolani Girls	5:02.82 AUTO
3 Monica Woolley	FR	Punahou Girls	5:10.62 AUTO
4 Claire Hann	JR	P5	5:15.48 CONS
5 Haley Abing	SR	P5	5:20.74 CONS
6 Farrah Madanay	SR	Punahou Girls	5:22.88 CONS
7 Keri Ogoshi	SO	P5	5:26.64 CONS
8 Chaylene Guinto	SO	St. Francis	5:28.33 CONS

Event 18 Boys 1500 Meter Run

Meet Record: 4:08.36 * 1999 Julian Tsukano

4:24.14 AUTO
4:30.14 CONS

Name	Yr	School	Prelims
Preliminaries			
1 Matt Nakamoto	SR	P5	4:19.01QAUTO
2 Lucas Lam	SR	Punahou	4:23.95QAUTO
3 Reyn Fernandez	SR	Punahou	4:19.82QAUTO
4 Jordan Thibodeau	SO	Kamehameha	4:24.09QAUTO
5 Isaiah Sato	JR	Kamehameha	4:22.40QAUTO
6 Daniel Kaneko	JR	Kamehameha	4:24.80QCONS
7 Borys Pleskacz	SO	Iolani Boys	4:23.64q AUTO
8 Landon Nagata	SR	Punahou	4:24.87q CONS
9 Chad Nakaoka	SO	P5	4:26.21 CONS
10 Timothy Hogan	JR	P5	4:28.56 CONS
11 Zachary Sainz	JR	Kamehameha	4:30.21
12 Ryan Hobson	FR	Mid-Pac	4:31.10
13 Tyler Mulloy	SR	Iolani Boys	4:35.45
14 Colton Sisler	SO	St Louis	4:42.11
15 Justin Higa	SO	Iolani Boys	4:43.20
16 Anderson Ko	JR	Punahou	4:45.35
17 Jayce Yamaguchi	JR	P5	5:17.53

Event 18 Boys 1500 Meter Run

Meet Record: 4:08.36 * 1999 Julian Tsukano

4:24.14 AUTO
4:30.14 CONS

Name	Yr	School	Finals
Finals			
1 Lucas Lam	SR	Punahou	4:09.55 AUTO
2 Matt Nakamoto	SR	P5	4:12.55 AUTO
3 Jordan Thibodeau	SO	Kamehameha	4:16.13 AUTO
4 Reyn Fernandez	SR	Punahou	4:16.24 AUTO
5 Isaiah Sato	JR	Kamehameha	4:16.50 AUTO
6 Borys Pleskacz	SO	Iolani Boys	4:19.78 AUTO
7 Landon Nagata	SR	Punahou	4:22.38 AUTO

8 Daniel Kaneko JR Kamehameha 4:27.13 CONS

Event 19 Girls 4x100 Meter Relay

Meet Record: 49.9h * 1987 Wilderson, Dias, Hunt, Hallett
52.74 AUTO
54.94 CONS

Team	Relay	Finals
Finals		
1 Kamehameha Girls	A	49.86* AUTO
2 Punahou School Girls	A	50.51 AUTO
3 Iolani School Girls	A	51.56 AUTO
4 Pac5	A	53.14 CONS
5 Mid-Pacific Institute	A	54.31 CONS
6 Sacred Hearts Academy	A	54.33 CONS

Event 20 Boys 4x100 Meter Relay

Meet Record: 42.84 * 1999 Igber, Toyofuku, Lee,
45.14 AUTO
45.94 CONS

Team	Relay	Finals
Finals		
1 St Louis	A	42.92 AUTO
2 Damien Memorial	A	42.93 AUTO
3 Punahou School Boys	A	43.80 AUTO
4 Kamehameha	A	44.25 AUTO
5 Iolani School Boys	A	46.96
--- Mid-Pacific Institute	A	DQ

Event 21 Girls 400 Meter Dash

Meet Record: 56.98 * 2002 Lauran Dignam
1:02.74 AUTO
1:03.84 CONS

Name	Yr	School	Prelims
Preliminaries			
1 Ashlee Jimenez	SR	Kamehameha	1:00.14QAUTO
2 Ihilani Ching	FR	St. Francis	1:02.31QAUTO
3 Stacie Lee	SO	P5	1:04.23Q
4 Danielle Sisler	SO	Punahou Girls	1:03.23QCONS
5 Jenny Ching	SO	Punahou Girls	1:03.63QCONS
6 Chelsea Yoneda	SR	P5	1:06.13Q
7 Noe Mikami	JR	Kamehameha	1:04.96q
8 Carly Thomas	FR	P5	1:06.30q
9 Stephanie Dote	SR	Iolani Girls	1:07.04
10 Charmaine Wan	JR	Iolani Girls	1:07.76
11 Lauren Kim	SO	Iolani Girls	1:09.08
12 Victoria Flynn	SR	Kamehameha	1:09.68
13 Jessa Lukondi	JR	P5	1:11.03
14 Carly Molinar	SR	Word of Life	1:12.25
15 Kristen Enomoto	SR	St. Francis	1:13.27
16 Nicole Huffman	FR	Mid-Pac	1:13.94
17 Rachel Roley	SO	Mid-Pac	1:16.53
--- Camisha Williams	SR	Word of Life	FS
--- Courtney Honda	SR	Kamehameha	DQ

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Event 21 Girls 400 Meter Dash

Meet Record: 56.98 * 2002 Lauran Dignam

1:02.74 AUTO

1:03.84 CONS

Name	Yr	School	Finals
Finals			
1 Ashlee Jimenez	SR	Kamehameha	59.27 AUTO
2 Danielle Sisler	SO	Punahou Girls	1:01.59 AUTO
3 Jenny Ching	SO	Punahou Girls	1:01.98 AUTO
4 Noe Mikami	JR	Kamehameha	1:03.60 CONS
5 Stacie Lee	SO	P5	1:03.66 CONS
6 Carly Thomas	FR	P5	1:04.82
7 Chelsea Yoneda	SR	P5	1:05.63

Event 22 Boys 400 Meter Dash

Meet Record: 48.64 * 1997 Bennett Valencia

52.14 AUTO

53.64 CONS

Name	Yr	School	Prelims
Preliminaries			
1 Michael Martin	SR	St Louis	51.18QAUTO
2 KT Tuumalo	SO	Punahou	51.21QAUTO
3 Taylor Spencer	SR	St Louis	51.27QAUTO
4 Taylor Van Etten	JR	Iolani Boys	52.03QAUTO
5 Jonathan Kim	SO	P5	52.23QCONS
6 John Hanson	SO	P5	52.33QCONS
7 Jeff Pedrina	JR	Punahou	52.36qCONS
8 Charley Bollig	SO	Kamehameha	53.98q
9 Isaiah Kaahanui	SO	Kamehameha	54.09
10 Cory Hiromoto	JR	Punahou	54.13
11 Pathen Asuncion	JR	Damien Memorial	54.51
12 Brandon Ball	SR	Iolani Boys	54.74
13 Justyce Kim-Hewlen	SO	Kamehameha	54.84
14 Ryan Sekimura	SR	St Louis	54.93
15 Trevyn Tulonghari	SO	Iolani Boys	56.04
--- Zach Kawamoto	JR	St Louis	DQ

Event 22 Boys 400 Meter Dash

Meet Record: 48.64 * 1997 Bennett Valencia

52.14 AUTO

53.64 CONS

Name	Yr	School	Finals
Finals			
1 KT Tuumalo	SO	Punahou	50.42 AUTO
2 Michael Martin	SR	St Louis	51.19 AUTO
3 John Hanson	SO	P5	51.60 AUTO
4 Jeff Pedrina	JR	Punahou	52.19 CONS
5 Jonathan Kim	SO	P5	52.24 CONS
6 Taylor Van Etten	JR	Iolani Boys	52.33 CONS
7 Taylor Spencer	SR	St Louis	53.67
8 Charley Bollig	SO	Kamehameha	54.86

Event 23 Girls 300 Meter Hurdles

Meet Record: 45.65 * 2007 Alana Meditz

49.44 AUTO

52.34 CONS

Name	Yr	School	Prelims
Preliminaries			
1 Julia Brand	SO	Punahou Girls	48.48QAUTO
2 Jenna Louie	JR	Punahou Girls	49.46QCONS
3 Emily Latimer	JR	P5	50.22QCONS
4 Boone Saunders	SO	Punahou Girls	50.56QCONS
5 Cyan Agena	SO	Kamehameha	51.13QCONS
6 Caitlin Akiona	JR	Kamehameha	51.85QCONS
7 Maaya Hayashi	SO	Iolani Girls	52.82q
8 Cayla Crivello	SO	Kamehameha	53.00q
9 Chablis Stith	JR	Kamehameha	53.22
10 Miranda Linsky	JR	Iolani Girls	55.07
11 Kirsten McMurdo	FR	P5	58.97

Event 23 Girls 300 Meter Hurdles

Meet Record: 45.65 * 2007 Alana Meditz

49.44 AUTO

52.34 CONS

Name	Yr	School	Finals
Finals			
1 Julia Brand	SO	Punahou Girls	47.77 AUTO
2 Jenna Louie	JR	Punahou Girls	48.36 AUTO
3 Emily Latimer	JR	P5	49.19 AUTO
4 Cayla Crivello	SO	Kamehameha	49.71 CONS
5 Boone Saunders	SO	Punahou Girls	49.75 CONS
6 Cyan Agena	SO	Kamehameha	50.77 CONS
7 Caitlin Akiona	JR	Kamehameha	51.09 CONS
8 Maaya Hayashi	SO	Iolani Girls	51.71 CONS

Event 24 Boys 300 Meter Hurdles

Meet Record: 39.20 * 2002 Jesse Lee

42.04 AUTO

42.94 CONS

Name	Yr	School	Prelims
Preliminaries			
1 Liko Oliveira	SR	Kamehameha	40.78QAUTO
2 John Woo	SO	Punahou	42.29QCONS
3 Erik Horn	SR	Punahou	42.09QCONS
4 Mikel Morita	JR	Kamehameha	42.50QCONS
5 Jacob Texeira	SR	Kamehameha	42.19QCONS
6 Justin Kim	SO	Iolani Boys	42.77QCONS
7 Matt Yim	JR	Punahou	43.41q
8 Daniel Wagner	SO	Mid-Pac	43.88q
9 Matthew Mitrovich	JR	Kamehameha	44.80
10 Jonathan Wong	SR	Iolani Boys	45.47
11 Eric Hudson	SO	P5	46.79
--- Kyle Olden	JR	Punahou	FS

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Event 24 Boys 300 Meter Hurdles

Meet Record: 39.20 * 2002 Jesse Lee
 42.04 AUTO
 42.94 CONS

Name	Yr	School	Finals
Finals			
1 Liko Oliveira	SR	Kamehameha	40.38 AUTO
2 John Woo	SO	Punahou	41.01 AUTO
3 Erik Horn	SR	Punahou	42.51 CONS
4 Jacob Texeira	SR	Kamehameha	42.85 CONS
5 Justin Kim	SO	Iolani Boys	43.02
6 Matt Yim	JR	Punahou	43.28
7 Mikel Morita	JR	Kamehameha	44.27
8 Matthew Mitravich	JR	Kamehameha	45.13

Event 25 Girls 800 Meter Run

Meet Record: 2:17.2h * 1982 Kimber Pennington
 2:30.14 AUTO
 2:34.84 CONS

Name	Yr	School	Prelims
Preliminaries			
1 Jessica Johnson	SO	Kamehameha	2:30.24QCONS
2 Mari Carmichael	SR	Punahou Girls	2:32.28QCONS
3 Cheyane Kamai	SR	Kamehameha	2:30.57QCONS
4 Breanne Ball	FR	Iolani Girls	2:32.44QCONS
5 Michaela Tsuha	FR	Punahou Girls	2:31.23QCONS
6 Katie Waller	FR	Punahou Girls	2:32.67QCONS
7 Tia Nakashima	SO	P5	2:31.30q CONS
8 Amanda Tamanaha	SR	P5	2:31.39q CONS
9 Brooke LaPorte	JR	Punahou Girls	2:32.77 CONS
10 Chaylene Guinto	SO	St. Francis	2:33.06 CONS
11 Kelli Morrissey	JR	Iolani Girls	2:33.55 CONS
12 Heidi Nicholls	JR	P5	2:34.52 CONS
13 Courtney Honda	SR	Kamehameha	2:45.73
14 Dominique Wanstead	JR	Sacred Hearts Ac	3:28.11
15 Rachel Roley	SO	Mid-Pac	3:37.05

Event 25 Girls 800 Meter Run

Meet Record: 2:17.2h * 1982 Kimber Pennington
 2:30.14 AUTO
 2:34.84 CONS

Name	Yr	School	Finals
Finals			
1 Mari Carmichael	SR	Punahou Girls	2:25.57 AUTO
2 Jessica Johnson	SO	Kamehameha	2:25.98 AUTO
3 Michaela Tsuha	FR	Punahou Girls	2:26.38 AUTO
4 Katie Waller	FR	Punahou Girls	2:27.37 AUTO
5 Cheyane Kamai	SR	Kamehameha	2:27.93 AUTO
6 Breanne Ball	FR	Iolani Girls	2:28.63 AUTO
7 Tia Nakashima	SO	P5	2:29.66 AUTO
8 Brooke LaPorte	JR	Punahou Girls	2:31.47 CONS

Event 26 Boys 800 Meter Run

Meet Record: 1:56.0h * 1974 Todd Williams
 Tied Record: 1:56.0h # 1985 Kenny May
 2:04.54 AUTO
 2:06.84 CONS

Name	Yr	School	Prelims
Preliminaries			
1 Isaiah Sato	JR	Kamehameha	2:05.82QCONS
2 Lucas Lam	SR	Punahou	2:06.20QCONS
3 Jordan Thibodeau	SO	Kamehameha	2:05.89QCONS
4 Reyn Fernandez	SR	Punahou	2:06.65QCONS
5 Ryan Hobson	FR	Mid-Pac	2:07.55Q
6 Lee Haruno	SR	Punahou	2:08.33Q
7 Timothy Hogan	JR	P5	2:10.03q
8 Joey Chun	JR	Kamehameha	2:10.86q
9 Tyler Mulloy	SR	Iolani Boys	2:11.46
10 Ian Terayama	JR	Punahou	2:14.04
11 Peter Chun	JR	Mid-Pac	2:14.18
12 Clint Nuuanu	JR	Kamehameha	2:15.43
13 Joshua Kaoiwi	JR	Christian Acad	2:15.70
14 Sheldon Carganilla	SR	St Louis	2:19.61

Event 26 Boys 800 Meter Run

Meet Record: 1:56.0h * 1974 Todd Williams
 Tied Record: 1:56.0h # 1985 Kenny May
 2:04.54 AUTO
 2:06.84 CONS

Name	Yr	School	Finals
Finals			
1 Jordan Thibodeau	SO	Kamehameha	2:00.31 AUTO
2 Lucas Lam	SR	Punahou	2:00.37 AUTO
3 Isaiah Sato	JR	Kamehameha	2:02.08 AUTO
4 Reyn Fernandez	SR	Punahou	2:05.29 CONS
5 Ryan Hobson	FR	Mid-Pac	2:05.55 CONS
6 Lee Haruno	SR	Punahou	2:07.56
7 Timothy Hogan	JR	P5	2:15.32
8 Joey Chun	JR	Kamehameha	2:21.97

Event 27 Girls 200 Meter Dash

Meet Record: 25.06 * 2002 Lauran Dignam
 26.84 AUTO
 27.64 CONS

Name	Yr	School	Prelims
Preliminaries			
1 Ashley Satterwhite	JR	Punahou Girls	26.66QAUTO
2 Hailey Kauhane	SR	Kamehameha	26.81QAUTO
3 Ashlee Jimenez	SR	Kamehameha	27.20QCONS
4 Kelli Aken-Pagdilao	JR	Kamehameha	27.46QCONS
5 Ibilani Ching	FR	St. Francis	27.72Q
6 Alexis Damo	FR	Sacred Hearts Ac	28.45Q
7 Stephanie Burns	SR	Punahou Girls	28.03q
8 Traci Nakamura	SR	Kamehameha	28.10q
9 Danielle Sisler	SO	Punahou Girls	28.43
10 Sari Kwan	FR	Punahou Girls	28.55
11 Angelica Traya	JR	Christian Acad	29.00

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Preliminaries ... (Event 27 Girls 200 Meter Dash)

Name	Yr	School	Prelims
12 Siena Simmons	FR	Iolani Girls	29.11
13 Lauren Kim	SO	Iolani Girls	29.18
14 Mariah Ariola	JR	Iolani Girls	29.23
15 Kelsey Matsuoka	SO	Iolani Girls	29.28
16 Courtney-Cree Aponte	SO	P5	29.41
17 Nina Cheong	JR	P5	30.32
18 Rayna Munos	SO	Sacred Hearts Ac	30.46
19 Stefany Baker	JR	P5	30.51
20 Macy Mitravich	SR	Sacred Hearts Ac	30.98
21 Megan Winters	JR	Christian Acad	32.48
22 Racquiel Santos	JR	Sacred Hearts Ac	32.60
--- Kristen Enomoto	SR	St. Francis	DNF

Event 27 Girls 200 Meter Dash

Meet Record: 25.06 * 2002 Lauran Dignam
 26.84 AUTO
 27.64 CONS

Name	Yr	School	Finals
Finals			
1 Ashley Satterwhite	JR	Punahou Girls	26.00 AUTO
2 Hailey Kauhane	SR	Kamehameha	26.46 AUTO
3 Ashlee Jimenez	SR	Kamehameha	26.93 CONS
4 Kelli Aken-Pagdilao	JR	Kamehameha	27.10 CONS
5 Stephanie Burns	SR	Punahou Girls	27.11 CONS
6 Traci Nakamura	SR	Kamehameha	27.93
7 Sari Kwan	FR	Punahou Girls	28.27
8 Alexis Damo	FR	Sacred Hearts Ac	28.63

Event 28 Boys 200 Meter Dash

Meet Record: 21.7h * 1988 Geoff Zawtocky
 23.04 AUTO
 23.54 CONS

Name	Yr	School	Prelims
Preliminaries			
1 Jonathan Padron	JR	Damien Memorial	22.82QAUTO
2 Michael Martin	SR	St Louis	22.91QAUTO
3 Michael Zane	SO	Punahou	22.93QAUTO
4 Taylor Spencer	SR	St Louis	23.02QAUTO
5 Matt Schull	SR	Punahou	23.07QCONS
6 Zach Kawamoto	JR	St Louis	23.21QCONS
7 KT Tuumalo	SO	Punahou	23.43qCONS
8 Josh Asuncion	SR	Damien Memorial	23.79q
9 Ryne Haitsuka	SR	Kamehameha	23.92
10 Charley Bollig	SO	Kamehameha	24.02
11 Brenan Furtado	JR	Damien Memorial	24.07
12 Drake Martin	JR	Kamehameha	24.08
13 Taylor Van Etten	JR	Iolani Boys	24.14
14 Brandon Ball	SR	Iolani Boys	24.19
15 Sean Valente	SO	St Louis	24.25
16 Pathen Asuncion	JR	Damien Memorial	24.38
16 Ryan Ho	JR	Kamehameha	24.38
18 Kennedy Spencer	SO	Mid-Pac	24.63
19 Lucas Healy	FR	P5	25.73
20 Zachary Fu	JR	Christian Acad	25.76

21 Ryan Garo	SR	Word of Life	25.84
22 Kaimana Slavish-Smith	SO	Mid-Pac	27.81
23 Andrew Ouchi	SR	P5	28.05
--- Kevin Park	JR	Iolani Boys	DQ

Event 28 Boys 200 Meter Dash

Meet Record: 21.7h * 1988 Geoff Zawtocky
 23.04 AUTO
 23.54 CONS

Name	Yr	School	Finals
Finals			
1 Jonathan Padron	JR	Damien Memorial	22.50 AUTO
2 Michael Zane	SO	Punahou	22.87 AUTO
3 Taylor Spencer	SR	St Louis	22.88 AUTO
4 Matt Schull	SR	Punahou	23.05 CONS
5 Michael Martin	SR	St Louis	23.41 CONS
6 Josh Asuncion	SR	Damien Memorial	23.67
7 KT Tuumalo	SO	Punahou	23.76
--- Zach Kawamoto	JR	St Louis	DQ

Event 29 Girls 3000 Meter Run

Meet Record: 9:38.94 * 1999 Victoria Chang
 11:49.84 AUTO
 12:16.84 CONS

Name	Yr	School	Finals
Finals			
1 Jenna Wong	JR	Iolani Girls	10:58.53 AUTO
2 Amanda Tamanaha	SR	P5	11:18.78 AUTO
3 Claire Hann	JR	P5	11:39.41 AUTO
4 Kelly Opedal	SR	Kamehameha	11:46.09 AUTO
5 Haley Abing	SR	P5	11:48.16 AUTO
6 Farrah Madanay	SR	Punahou Girls	11:56.36 CONS
7 Tama Fukuyama	FR	Punahou Girls	11:57.82 CONS
8 Kimiko	FR	P5	12:16.34 CONS
9 Amanda Ishikawa	FR	Mid-Pac	12:21.90
10 Courtney Choy	JR	Punahou Girls	12:25.91
11 Denise Nakamura	SR	St. Francis	12:42.83
12 Kelsey Lopez	JR	Sacred Hearts Ac	13:22.39

Event 30 Boys 3000 Meter Run

Meet Record: 9:09.40 * 2002 Todd Iacovelli
 9:42.24 AUTO
 10:02.24 CONS

Name	Yr	School	Finals
Finals			
1 Matt Nakamoto	SR	P5	9:22.78 AUTO
2 Glenn Akiona	SR	Kamehameha	9:43.32 CONS
3 Borys Pleskacz	SO	Iolani Boys	9:43.85 CONS
4 Daniel Kaneko	JR	Kamehameha	9:46.33 CONS
5 Justin Higa	SO	Iolani Boys	9:56.98 CONS
6 Colton Sisler	SO	St Louis	10:03.51
7 Landon Nagata	SR	Punahou	10:07.26
8 Timothy Hogan	JR	P5	10:09.74
9 Caleb Achuela	SO	Kamehameha	10:12.31
10 Andrew Canencia	SO	St Louis	10:17.21
11 Jon Hunter	JR	Punahou	10:17.69

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Finals ... (Event 30 Boys 3000 Meter Run)

Name	Yr	School	Finals
12 Jordan Kahawai	JR	Kamehameha	10:28.40
13 Anderson Ko	JR	Punahou	10:47.03

Event 31 Girls 4x400 Meter Relay

Meet Record: 4:01.08 * 2003 Kalapa, Collins, Macdonald,
 4:21.44 AUTO
 4:36.34 CONS

Team	Relay	Finals
Finals		
1 Punahou School Girls	A	4:05.65 AUTO
2 Kamehameha Girls	A	4:07.39 AUTO
3 Pac5	A	4:16.72 AUTO
4 Iolani School Girls	A	4:17.11 AUTO

Event 32 Boys 4x400 Meter Relay

Meet Record: 3:23.1h * 1982 Uyeda, Dyas, Look, Hashimoto
 Tied Record: 3:23.1h # 1997 Yi, Jencks, Hackney, Valencia
 3:34.64 AUTO
 3:43.24 CONS

Team	Relay	Finals
Finals		
1 Punahou School Boys	A	3:31.19 AUTO
2 Kamehameha	A	3:33.87 AUTO
3 Iolani School Boys	A	3:33.99 AUTO
4 St Louis	A	3:36.64 CONS
5 Pac5	A	3:37.92 CONS

ILH Varsity Championships - 5/6/2009 to 5/8/2009**Kamehameha Schools - Kapalama Campus****Team Rankings - Through Event 32****Female Team Scores**

Place	School		Points
1	Punahou School Girls	PSCG	190.67
2	Kamehameha Schools Girls	KSG	167
3	Iolani School Girls	IOLG	55
4	Pac5	P5	51
5	Sacred Hearts Academy	SHA	20
6	Word of Life Academy	WOLA	4.33
7	Mid-Pacific Institute	MPI	2
Total			490.00

Male Team Scores

Place	School		Points
1	Punahou School Boys	PSCB	150
2	Kamehameha Schools - Kapalama	KSB2	98
3	St Louis	STL	91
4	Iolani School Boys	IOLB	52
5	Damien Memorial	DAM	39
6	Pac5	P5	28
7	Word of Life Academy	WOLA	24
8	Mid-Pacific Institute	MPI	12
Total			494.00