

'09 Order:
 BOYS (3 miles)
 GIRLS (3 miles)

2009 BIIF CROSS COUNTRY

• adopted 17-Jun-09

| Date | Day | HOST | Time | # of races | Scoring |
|---|--|---------------------|-----------------------|------------|----------------------------|
| 27-Jul | HHSAA try-out / start date for Cross Country | | | | |
| 29-Aug | Saturday | All Schools | @ Canefire Conditions | 10:00am | (optional event) |
| 5-Sep | Saturday | East Schools | @ Waiakea | 10:00am | |
| 5-Sep | Saturday | West Schools | @ Kealakehe | 10:00am | |
| 12-Sep (ACT date) | Saturday | All Schools | @ Kamehameha | 10:00am | |
| 19-Sep | Saturday | BYE | | | |
| 26-Sep | Saturday | East Schools | @ Waiakea | 10:00am | |
| 26-Sep | Saturday | West Schools | @ Kohala | 10:00am | |
| 3-Oct | Saturday | All Schools | @ Hawaii Prep | 10:00am | |
| 10-Oct | Saturday | East Schools | @ Kamehameha | 3:30pm | |
| 10-Oct | Saturday | West Schools | @ Parker | 3:30pm | |
| 17-Oct | Saturday | BYE (PSAT) | | | |
| 24-Oct (ACT on Sat) | Saturday | BIIF Champs | @ Kamehameha | 2:00pm | (4 races) |
| order: Boys Open, Girls Open, Boys Varsity, Girls Varsity | | | | | |
| 31-Oct | Saturday | HHSAA Champs | @ tbd | 9:00am | (2 races) Time Line Hawaii |

Important Dates:

Pre-Season Coach's Mtg:
 Post-Season Coach's Mtg:

Honorable Mention and COY selections (3 max.) submitted after BIIF Championships on October 24th.

BIIF Cross Country Coordinator
 Stephen Perry (881 - 4027) or (987 - 7727) or (sperry@hpa.edu)